

Creative Movement 1

3 years

Instructors - Creative Movement

- Rachael Dyer
- Jo-Anne Lambert

Our creative movement classes are an introduction to non-technical movement, use of space and dynamics. Boys and girls will be introduced to a variety of dance elements (time, space, direction and weight) through directed play, story telling and improvisation. Our teachers encourage children to experience dance/drama as an art form and to delight in self-expression. Our aim is to improve the self-image, discipline, listening skills and concentration of our young students.

Creative Movement I – Specifically for three-year-old students with a focus on allowing children to experience the joy of moving and being. This course begins the exploration of the kinetic world of young children and aims to fine tune muscle coordination. Developing good listening skills (the beginning of musicality) is also a key focus. Students will learn about specific body parts, locomotive skills, (running, jumping, crawling, marching), and directions in space. Storytelling, singing and play are incorporated into classes.

This is a 30-minute weekly class.

14-week term starting January 23, 2012

<u>Class Times:</u>	<u>*End dates:</u>
Wednesday 10:00am	May 2, 2012
Saturday 9:00 am	May 5, 2012
Sunday 2:00 pm	May13, 2012

*End dates may change to accommodate make-up lessons

Tuition: \$164.00
+ Registration: \$ 25.00
\$189.00

Creative Movement 2

4 years

*"Let us first teach little children
to breathe,
to vibrate, to feel,
and to become one
with the general harmony and movement
of nature.
Let us first produce a beautiful human being
a dancing child."
- Isodora Duncan*

Creative Movement II – Four-year-olds continue to develop the concepts in Creative Movement 1. Children are encouraged to expand their dancing vocabulary and to explore new movement possibilities through physical challenges. Body awareness continues to be a focus at this level, with age-appropriate exercises designed to stimulate our child's development. This course continues the focus on directional awareness, and explores opposites, musical rhythms, floor patterning and spatial awareness. Developing concentration skills, self-expression and exploring the creative process are also key elements of this course.

14-week term starting January 23, 2012

<u>Class Times:</u>	<u>*End dates:</u>
Tuesday 2:30 pm	May 1, 2012
Wednesday 10:30 am	May 2, 2012
Creative Movement 2 + enrichment	
Saturday 9:00 am	May 5, 2012
Creative Movement 2 +enrichment	
Sunday 2:30 pm	May 13, 2012

*End dates may change to accommodate make-up lessons

Tuition: \$164.00
+ Registration: \$ 25.00
\$189.00

Pre-Ballet

5 years

Instructors - Pre-Ballet

- Rachael Dyer
- Jo-Anne Lambert
- Vino Wijeratne

Pre-Ballet – Designed for five-year-olds, the Pre-Ballet Dance curriculum continues to capture and nurture young children's instinctive joy of movement and freedom of expression. Specifically at this level we develop the ability to move with increased control and co-ordination, travel in any direction using skipping, galloping, running and walking. Some basic ballet technique and terminology are now introduced.

14-week term starting January 23, 2012

<u>Class Times:</u>	<u>*End Dates</u>
Tuesday 3:30pm	May 1, 2012
Saturday 9:30am	May 5, 2012
Sunday 3:30 pm	May13, 2012

*End dates may change to accommodate make-up lessons

Tuition: \$164.00
+ Registration: \$ 25.00
\$189.00

Creative Movement/Pre-Ballet



Dance Attire:

Gymnastic shoes, bare feet, any color leotard, skirt if desired.

marching
running
jumping
crawling

Creative Movement/Pre-Ballet

The Conservatory School of Dance is pleased to offer Creative Movement / Pre-Ballet programming for boys and girls ages three to five. Though not prepared for the rigors of formal dance classes, children in this age group are more than ready to embark on a dance journey with our experienced and qualified staff.

Our Creative Movement/Pre-Ballet program introduces young children to the basic movement concepts, allowing them to develop as moving beings until they have the physical, mental and social skills necessary for the discipline of classes such as ballet, modern, jazz and national dance.



offers an accessible and comprehensive program of music, dance and early childhood instruction accommodating students of all ages and levels of ability.

We provide a quality education designed to inspire a lifelong interest in the arts, whether for personal enjoyment or a professional career.

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Keep your eye on us. Bookmark our website:
maritimeconservatory.com

Creative Movement & Pre-Ballet



JANUARY 2012

Classes begin the week of January 23
Register now to ensure your space
in the class of your choice.

A program of



School of Dance

More info: **423.6995** or online at
www.maritimeconservatory.com

Be more.